

HELPFUL GUIDELINES FOR YOUR STAY

WELCOME CENTER USER GUIDE

Check-in : 3:00 – 5:00 PM

Check-out : 12:00 PM

In an **Emergency**,

please contact these numbers:

Welcome Center 8:00 AM - 6:00 PM : 928-204-3391

Night Manager 6:00 PM - 9:00 AM : 928-274-0439

Please return your keys to the Welcome Center. If you are checking out before the Welcome Center opens, you may leave your keys on the table in the lobby.

***Hours may vary due to partial vacancy**

THE NIGHT MANAGER: Please contact ONLY FOR EMERGENCIES when the Welcome Center is closed. For non-emergency issues (e.g. needing extra towels, general questions), please contact Welcome Center staff during business hours.

PARKING: The parking near the Welcome Center and training rooms is limited to loading and unloading only. During your stay, parking is only permitted in the main parking lot near the entrance gate.

EXITING THE RETREAT CENTER: Please turn right onto Bill Gray Road. Do not turn left, as that road is private property.

INFORMATION ON DINING & LOUNGE

DINING **Breakfast** 7:00 – 8:30 AM
 Lunch 11:30 – 1:00 PM
 Dinner 5:30 – 7:00 PM

Meals are served buffet style.

Meal schedules are subject to change.

For specific group mealtimes, refer to your group schedule.

*** Please confirm with the chef on duty for every meal.**

24 HOUR MAGO TAO LOUNGE

Our lounge is located next to the Welcome Center and is open 24/7 to gather and relax. Amenities include a computer with internet access, bathrooms, a microwave and filtered water. There is a free public phone available in the Welcome Center lobby if you have any issues making calls with your cell phone.

INTERNET ACCESS (no password)

Tao-Guest Wi-Fi: Available in the Welcome Center and Tao Lounge, Dining Hall, and all program halls.

Guest-Healing-Lake Wi-Fi: Available at the Healing Lake/Garden.

TIPS FOR USING AMENITIES

HOUSEKEEPING

- Our housekeeping team will service your room every day, starting from the second full day of your stay.
- If you prefer no housekeeping, simply flip the sign on your doorknob to "Do Not Disturb."
- To have your towels replenished, please place used towels on the floor.
- For your comfort and to keep critters out, please ensure the door remains closed at all times.

ITEMS PROVIDED: Towels and hair dryers are for your use during your stay. Please do not remove them, as additional charges may apply.

SEPTIC SYSTEM: We are on a septic system.

Please help us by flushing only the toilet paper provided in the room and disposing of wipes or any other sanitary products in the trash can.

COIN LAUNDRY: The laundry room is located across from the Welcome Center and open 24/7. Bills can be exchanged for quarters at the Welcome Center during business hours.

ICE MACHINE: Located in the laundry room.

POOL & JACUZZI: The pool and jacuzzi are temporarily closed as they are undergoing renovations.

ONE WITH NATURE, WITHIN NATURE

Help Us Conserve Energy!

Please recycle and turn off lights and air conditioner/heater when leaving your room. There are recycling bins in all guest rooms, as well as in our Dining Hall, Welcome Center and program halls.

FLASHLIGHTS: Our property is dimly lit at night, allowing guests to fully enjoy and appreciate the starry night sky. For your own safety, please use a flashlight while walking the grounds at night.

LIGHTING CANDLES / INCENSE: Lighting candles and burning incense is a fire hazard and is prohibited in all guest rooms and throughout the property.

QUIET HOURS FROM 10:00 PM-6:00 AM: Please refrain from loud voices, noises and outdoor group activities after 10:00 PM and keep conversations and phone calls to a minimum. The guest rooms are lighter structures and loud sounds of any kind can easily affect your neighbors and other guests.



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CENTER FOR
WELL-BEING & RETREAT